

We provide bespoke training to help your employees manage and enjoy, being a carer of elderly relatives.



The Rise of the Older Worker

“Over 50s make up nearly a third of the UK workforce” (Centre for Ageing Better, 2018)

With more people living longer in better health and the abolition of the compulsory retirement age, the UK’s workforce is experiencing the rise of the older worker with associated adaptation challenges for employers. The number of people aged 65+ in the UK who are economically active has risen from 5% in 1998 to 10% in [2018](#) and continues to rise. [Research](#) in 2019 found that many employers are not supporting their older workers and suggest that employers should be creating an “age friendly workplace” which benefits all workers.

Caring responsibilities tend to ramp up in midlife when many [workers](#) in their 50s and 60s have living parents, and still often provide care for children and sometimes grandchildren. Older workers will be employers’ most experienced people. If they find the demands/stresses of combining high levels of responsibility at work with increased care needs too much, then they are likely to leave work or be much less engaged. These are the people employers have invested in over the years and whose input is highly valued.

For SMEs responding to this agenda is challenging. This where Caring4Elders’ bespoke service can be a lifeline. Our cost effective support sessions, delivered through webinars or face to face, enable working carers to share stories, get information, develop skills in handling difficult situations and find ‘in time’ solutions that work for them. Working carers who attend our sessions value them and appreciate their employers’ provision of support.

“Really useful webinar that has highlighted where I can go next. Positive to see that it is supported by my employer” Workshop participant June 2020.

Contact us:

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Caring4Elders have delivered workshops in the workplace since 2012. Participants confirm the value of time to reflect on their personal circumstances, share this with colleagues and identify solutions. Employers report greater staff wellbeing. Clients across the UK include Arup, AstraZeneca, University of Cambridge, Addenbrookes Hospital.